

FLOOR SESSION *Review crawl (Initial floor sessions) Teach monkey walk. (This is the movement required for the ladder crawl) Play "Bubble" game. (See manual)* **S 7**

LANGUAGE *on, between, along*

INDIVIDUALIZING UP *Try dribbling the ball between the tapes with feet. Crawl backwards along the plank.*

INDIVIDUALIZING DOWN *Try a simple bowl action with the ball.*

TECHNIQUES

Crawl *Cross pattern crawl with opposite hand and knee moving forward together.*

Monkey walk *This is a crawl but on feet and hands.*

Ladder crawl *When crawling on the ladder hands must be on the rungs, (not rails), fingers over and thumbs under the rung. Ball of foot to be on the rung with toes around the rung. Always have three body points on the ladder. (but not the knees). Watch feet and hands.*

Dribble *Gentle, two handed push as for bowling.*

TEACHING POINTS *When dribbling the ball, the action must be soft and gentle so that the ball only travels a short way. (Otherwise you will have balls all over the room!) The ladder crawl technique is critical for safety. The helper must be beside the child at all times when on a ladder.*

EVALUATION *Can the child maintain balance while crawling the ladder?*

FLOOR SESSION *Review underarm toss. (Act 1)*

S 5

LANGUAGE *first, last, not first, not last, in, between*

INDIVIDUALIZING UP *Try other ordinal number concepts such as second, third etc.*

INDIVIDUALIZING DOWN *Use only first and last and stand the child close to the tyres.*

TECHNIQUES

Toss *Toss bean-bag with both hands together, palms up to give an underarm action.*

Bowl *When bowling, the ball is to be held with hands on either side of the ball, feet apart. Bowl to start from central point between legs, both arms to give equal thrust.*

TEACHING POINTS *Make sure the children always work from the cone when counting. Bowl should be controlled and steady with ball on the floor at all times.*

EVALUATION *Can the child get the bean-bag into the tyre?*

Note whether the child understands the concepts of first and last.