

CRAWLING

OUTCOMES

MOTOR

Balance
Eye / foot co-ordination

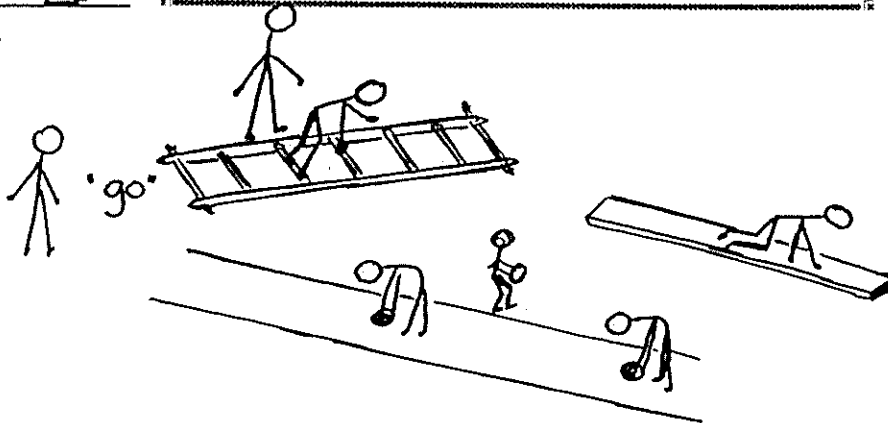
PERCEPTION

Body image Body control
Space awareness

SKILL

Confidence
Language

S 7



PROGRAM STATION Crawl along the ladder with both hands and feet on the rungs or hands and feet between the rungs. Crawl along the plank. Dribble, with hands, the 200mm ball between the tapes lines on the floor.

SUB STATION None required. All children to be continuously involved at various points of the Program Station, waiting when they reach the "go" point for assistance from helper.



BEAN-BAG TOSS

OUTCOMES

MOTOR

Eye / hand co-ordination

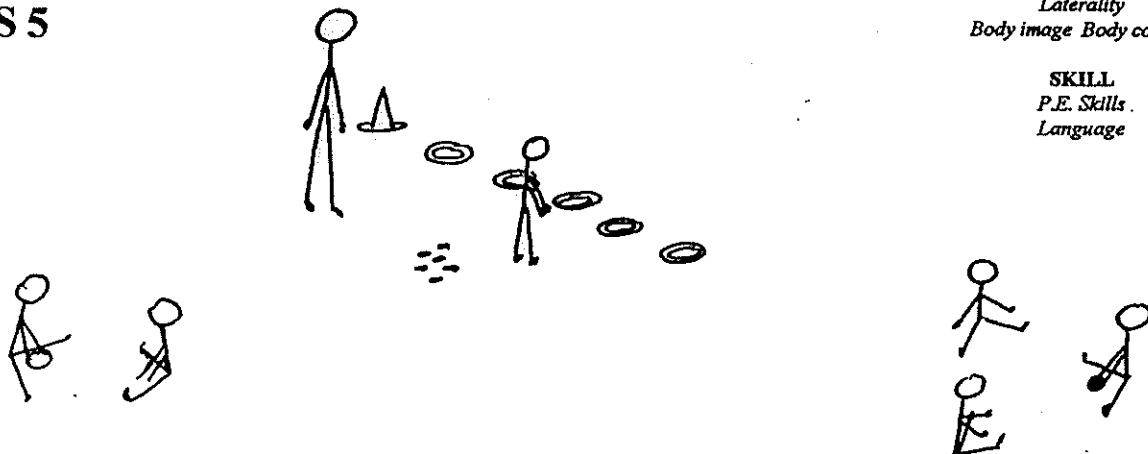
PERCEPTION

Laterality
Body image Body control

SKILL

P.E. Skills
Language

S 5



PROGRAM STATION Helper to direct child to toss bean-bag (two handed underarm toss) into tyres as directed: first; last; not first; not last. (On first day discuss first and last in group line and the need for each child to have a turn at being first).

SUB STATION Children to sit in a triangular or square shape with legs apart and gently bowl 200 mm ball to go directly between legs of another child.