

FLOOR SESSION *Teach downward thrust movement for bouncing balls.*
Review two handed underarm toss movement (Act 5) Capon tape "Happy Sticks" activity.

S 17

LANGUAGE *push down, in, back (as in ball coming back to you)*

INDIVIDUALIZING UP *Bounce, clap and catch. Two bounces in each hoop. etc.*

INDIVIDUALIZING DOWN *Stand behind child with your hands on the back of the child's hands so that the child can feel the thrust of your hands.*

TECHNIQUES

Bouncing *The ball is to be held firmly in both hands and PUSHED down. Do not PAT the ball or simply DROP it. Catch and hold between each bounce.*

Toss *Toss with both hands together, palms up to give underarm action. Face the rebound net.*

TEACHING POINTS *Toss and bouncing are controlled movements.*

EVALUATION *Can the child bounce the ball so that it comes back up to be caught at the same point from which it was bounced?*

FLOOR SESSION *Review two handed bowl action. (Act 1) Teach wrist action for*
balloon tap. Capon tape "Isolations" activity.

S 9

LANGUAGE *up, down (for both skittles and balloons)*

INDIVIDUALIZING UP *Stand child further away from skittles. Tap balloon with alternate hands.*

INDIVIDUALIZING DOWN *Stand child closer to skittles. (Children who cannot bowl straight have a laterality problem. Encourage the child to push harder with the hand which is on the same side to which the ball skews.)*

TECHNIQUES

Bowl *When bowling, the ball is to be held with hands on either side of the ball, feet apart. Bowl to start from central point between legs, with both arms giving equal thrust.*

Balloon tap *Tap with palm turned up, wrist movement only, using dominant hand.*

TEACHING POINTS *Bowling should be controlled and steady with ball on the floor at all times. Do not let children "bash" the balloons. Balloon tap to be a controlled movement.*

EVALUATION *Can the child bowl the ball, keeping it on the ground at all times, and hit at least 3 of the skittles over? Note whether the child can put the skittles back on the crosses. (1 to 1 correspondence)*