

BALL BOUNCE

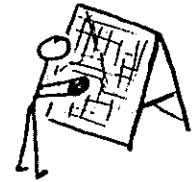
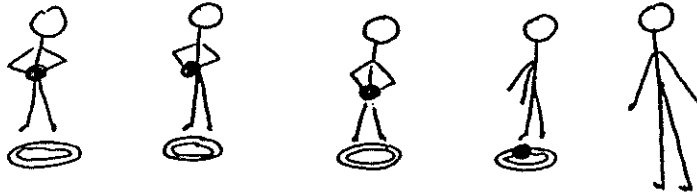
OUTCOMES

MOTOR
Eye / hand co-ordination

PERCEPTION
Laterality
Body image Body control

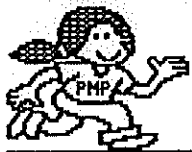
SKILL
P.E. Skill

S 17



PROGRAM STATION Teach two handed bounce. Bounce 200mm balls in hoops and catch.

SUB STATION Gentle, two handed, underarm toss with 150mm ball at net. (This activity is to give the child the feel of the ball coming off the net. Do not be concerned if the child does not catch the ball.)



SKITTLES

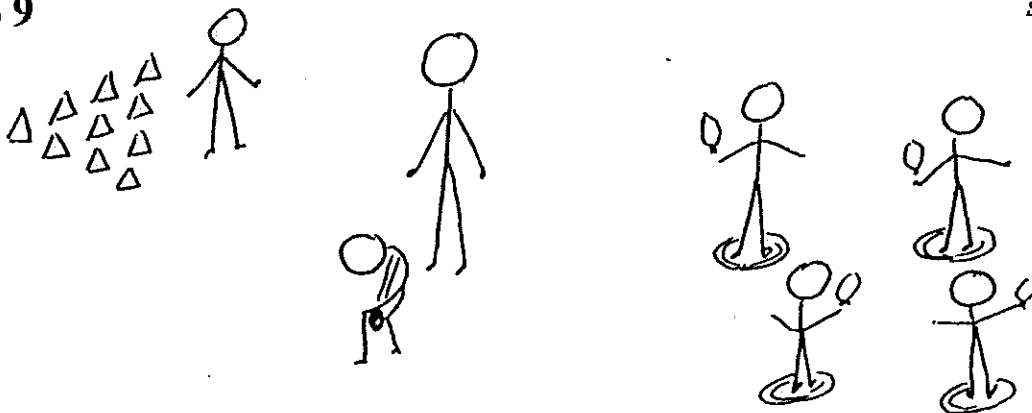
OUTCOMES

MOTOR
Eye / hand co-ordination

PERCEPTION
Laterality
Space awareness

SKILL
P.E. Skills
Language

S 9



PROGRAM STATION Two handed bowl with 200mm ball to skittles. Count the number knocked over and replace on the crosses.

SUB STATION Gentle balloon tap with dominant hand. Keep balloon in the air. Child to stand still in hoop or tyre.